			VIDEO ANALYSIS	
July 18th, 2021	Sunday	Sign in 8am (or earlier) until 12pm.		
		FREESTYLE GROUP A	FREESTYLE GROUP B	
		100 Yard Free: Boys 59 or faster. Girls 1:02 or faster	100 Yard Free: Boys: 1:00-1:11. Girls 1:02-1:11	
July 25, 2021	Sunday	Sign in 8:45am. Camp 9-12 pm	Sign in 5:30am. Camp 5:45-8:15 am	
July 26, 2021		Sign in 9:45am. Camp 10-1 pm	Sign in 6:30am. Camp 6:45-9:15 am	
July 27, 2021		Sign in 9:45am. Camp 10-1 pm	Sign in 6:30am. Camp 6:45-9:15 am	
ouly 27, 2021	,			
		BACKSTROKE		FREESTYLE
		GROUP A		GROUP C
		100 Yard Back: Boys 1:07 or faster. Girls 1:09 or faster		100 Yard Free: Girls & Boys 1:12 and up
July 28, 2021	Wednesday	Sign in 9:45am. Camp 10-1 pm		Sign in 6:30am. Camp 6:45-9:15 am
July 29, 2021		Sign in 9:45am. Camp 10-1 pm		Sign in 6:30am. Camp 6:45-9:15 am
July 30, 2021	Friday	Sign in 9:45am. Camp 10-1 pm		Sign in 6:30am. Camp 6:45-9:15 am
			BACKSTROKE	BACKSTROKE
			GROUP B	GROUP C
			100 Yard Back: Boys 1:08-1:21. Girls 1:10-1:21	100 Yard Back: Boys & Girls 1:22 and up
August 2, 2021			Sign in 10:15am. Camp 10:30-1 pm	Sign in 7am. Camp 7:15-9:45 am
August 3, 2021			Sign in 10:15am. Camp 10:30-1 pm	Sign in 7am. Camp 7:15-9:45 am
August 4, 2021	Wednesday		Sign in 10:15am. Camp 10:30-1 pm	Sign in 7am. Camp 7:15-9:45 am
		BREASTSTROKE	BREASTSTROKE	
		GROUP A	GROUP B	
		100 Yard Breast: Boys 1:15 or faster. Girls 1:19 or faster	100 Yard Breast: Boys 1:16-1:31. Girls 1:20-1:31	
August 6, 2021	Friday	Sign in 9:45am. Camp 10-1 pm	Sign in 6:30am. Camp 6:45-9:15 am	
August 7, 2021		Sign in 8:45am. Camp 9-12 pm	Sign in 5:30am. Camp 5:45-8:15 am	
August 8, 2021		Sign in 8:45am. Camp 9-12 pm	Sign in 5:30am. Camp 5:45-8:15 am	
		BUTTERFLY		BREASTSTROKE
		GROUP A		GROUP C
		100 Yard Fly: Boys 1:06 or faster. Girls 1:09 or faster		100 Yard Breast: Boys & Girls 1:32 and up
ugust 10, 2021	Tuesday	Sign in 9:45am. Camp 10-1 pm		Sign in 6:30am. Camp 6:45-9:15 am
ugust 11, 2021	Wednesday	Sign in 9:45am. Camp 10-1 pm		Sign in 6:30am. Camp 6:45-9:15 am
ugust 12, 2021		Sign in 9:45am. Camp 10-1 pm		Sign in 6:30am. Camp 6:45-9:15 am
			BUTTERFLY	BUTTERFLY
			GROUP B	GROUP C
			100 Yard Fly: Boys 1:07-1:21. Girls 1:10-1:21	100 Yard Fly: Boys & Girls 1:22 and up
ugust 14, 2021			Sign in 9:15am. Camp 9:30-12 pm	Sign in 6am. Camp 6:15-8:45 am
ugust 15, 2021			Sign in 9:15am. Camp 9:30-12 pm	Sign in 6am. Camp 6:15-8:45 am
August 16, 2021	Monday		Sign in 10:15am. Camp 10:30-1 pm	Sign in 7am. Camp 7:15-9:45 am
		IM RACE STRATEGY	IM RACE STRATEGY	
		GROUP A	GROUP B	
		200 Yard IM: Boys 2:26 and faster. Girls 2:32 and faster (Can't get into this group without a qualifying	100 Yard IM: Boys/Girls 1:21 and Faster OR 200IM:	
		faster (Can't get into this group without a qualifying 200IM time. 100 IM's can't qualify.)	100 Yard IM: Boys/Girls 1:21 and Faster OR 200IM: Boys 2:27 - 2:53. Girls 2:33-2:53	
ugust 18, 2021		Sign in 9:45am. Camp 10-1pm	Sign in 6:30am. Camp 6:45-9:15am	
	Thursday	Sign in 9:45am. Camp 10-1pm	Sign in 6:30am. Camp 6:45-9:15am	
ugust 19, 2021				
ugust 19, 2021				
ugust 19, 2021		200/500 RACE STRATEGY		IM RACE STRATEGY
ugust 19, 2021		200/500 RACE STRATEGY GROUP A		GROUP C
ugust 19, 2021		GROUP A		GROUP C
ugust 19, 2021		GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster.		
	Saturday	GROUP A		GROUP C
ugust 21, 2021		GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster.		GROUP C 100IM: Boys/Girls 1:22 and up OR 200IM: Boys/Girls 2:54 and up
ugust 21, 2021		GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster. Sign in 8:45am. Camp 9-12 pm		GROUP C 100IM: Boys/Girls 1:22 and up OR 200IM: Boys/Girls 2:54 and up Sign in 5:30am. Camp 5:45-8:15 am
ugust 19, 2021 ugust 21, 2021 ugust 22, 2021		GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster. Sign in 8:45am. Camp 9-12 pm	200/500 RACE STRATEGY	GROUP C 100IM: Boys/Girls 1:22 and up OR 200IM: Boys/Girls 2:54 and up Sign in 5:30am. Camp 5:45-8:15 am
ugust 21, 2021		GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster. Sign in 8:45am. Camp 9-12 pm	200/500 RACE STRATEGY GROUP B	GROUP C  100IM: Boys/Girls 1:22 and up OR 200IM: Boys/Girls 2:54 and up  Boys/Girls 2:54 and up  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am
ugust 21, 2021		GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster. Sign in 8:45am. Camp 9-12 pm		GROUP C  GROUP C  JOIM: Boys/Girls 1:22 and up OR 200IM: Boys/Girls 2:54 and up OR 200IM: Boys/Girls 2:54 and up OR 3:54 and up OR 3:54 and Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  S0/100 RACE STRATEGY
ugust 21, 2021		GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster. Sign in 8:45am. Camp 9-12 pm	GROUP B	GROUP C  100M: Boys/Girls 1:22 and up OR 200M: Boys/Girls 2:54 and up  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:00 RACE STRATECY  GROUP C
ugust 21, 2021 ugust 22, 2021	Sunday	GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster. Sign in 8:45am. Camp 9-12 pm	GROUP B 200 Yard Free: Boys 2:10-2:39. Girls 2:16-2:44.	GROUP C  100M: Boys/Girls 1:22 and up OR 200IM: Boys/Girls 2:54 and up OR 200IM: Boys/Girls 2:54 and up OR 300IM: Sign in 5:30am. Camp 5:45-8:15 am Sign in 5:30am. Camp 5:45-8:15 am S0/100 RACE STRATEGY GROUP C  50 Yard Free: Boys 33+ Girls 34+
ugust 21, 2021 ugust 22, 2021 ugust 24, 2021	Sunday	GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster. Sign in 8:45am. Camp 9-12 pm	GROUP B 200 Yard Free: Boys 2:10-2:39. Girls 2:16-2:44. 500 Yard Free: Boys: 5:51-6:50. Girls 6:01-6:59.	GROUP C   100IM: Boys/Girls 1:22 and up OR 200IM: Boys/Girls 2:54 and up OR 200IM: Boys/Girls 2:54 and up OR 200IM: Sign in 5:30am. Camp 5:45-8:15 am Sign in 6:30am. Camp 6:45-8:15 am Sign in
ugust 21, 2021	Sunday	GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster. Sign in 8:45am. Camp 9-12 pm	GROUP B 200 Yard Free: Boys 2:10-2:39. Girls 2:16-2:44. 500 Yard Free: Boys: 5:51-6:50. Girls 6:01-6:59. Sign in 10:15am. Camp 10:30-1 pm	GROUP C  100IM: Boys/Girls 1:22 and up OR 200IM: Boys/Girls 2:54 and up  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:45-8:45 am  Camp 7:45-8:45 am
ugust 21, 2021 ugust 22, 2021 ugust 24, 2021	Sunday	GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster. Sign in 8:45am. Camp 9-12 pm	GROUP B 200 Yard Free: Boys 2:10-2:39. Girls 2:16-2:44. 500 Yard Free: Boys: 5:51-6:50. Girls 6:01-6:59. Sign in 10:15am. Camp 10:30-1 pm	GROUP C  100IM: Boys/Girls 1:22 and up OR 200IM: Boys/Girls 2:54 and up  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:45-8:45 am  Camp 7:45-8:45 am
ugust 21, 2021 ugust 22, 2021 ugust 24, 2021	Sunday	GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster. Sign in 8:45m. Camp 9:12 pm  Sign in 8:45am. Camp 9:12 pm  50/100 RACE STRATEGY GROUP A	GROUP B 200 Yard Free: Boys 2:10:239. Girls 2:16-2:44. 500 Yard Free: Boys: 5:51-6:50. Girls 6:01-6:59. Sign in 10:15am. Camp 10:30-1 pm Sign in 10:15am. Camp 10:30-1 pm	GROUP C  100IM: Boys/Girls 1:22 and up OR 200IM: Boys/Girls 2:54 and up  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:45-8:45 am  Camp 7:45-8:45 am
ugust 21, 2021 ugust 22, 2021 ugust 24, 2021	Sunday	GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster. Sign in 8:45am. Camp 9-12 pm Sign in 8:45am. Camp 9-12 pm Sign in 8:45am. Camp 9-12 pm	GROUP B 200 Yand Free: Boys: 551-650. Girls 6:16-2:44. 500 Yand Free: Boys: 551-650. Girls 6:01-6:59. Sign in 10:15am. Camp 10:30-1 pm Sign in 10:15am. Camp 10:30-1 pm 50/100 RACE STRATEGY GROUP B	GROUP C  100IM: Boys/Girls 1:22 and up OR 200IM: Boys/Girls 2:54 and up  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:45-8:45 am  Camp 7:45-8:45 am
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ugust 21, 2021 ugust 22, 2021 ugust 24, 2021 ugust 24, 2021 ugust 25, 2021	Sunday  Tuesday  Wednesday	GROUP A  200 Yard Free. Boys 2:09 or faster. Girls 2:15 or faster. 500 Yard Free. Boys 5:50 or faster. Girls 6:00 or faster. Sign in 8:45am. Camp 9-12 pm  Sign in 8:45am. Camp 9-12 pm  50/100 RACE STRATEGY GROUP A  50 Yard Free: Boys 27:4 and faster. Girls 28:4 and faster. 100 Yard Free: Boys 59 or faster. Girls 1:02 or faster	GROUP B 200 Yard Free: Boys: 551-650. Girls 6:16-244. 500 Yard Free: Boys: 551-650. Girls 6:01-6:59. Sign in 10:15am. Camp 10:30-1 pm Sign in 10:15am. Camp 10:30-1 pm 50/100 RACE STRATEGY GROUP B 50 Yard Free: Boys: 27.5-32.99. Girls 28.5-33.99 100 Yard Free: Boys: 1:00-1:11. Girls 1:03-1:11	GROUP C  100IM: Boys/Girls 1:22 and up OR 200IM: Boys/Girls 2:54 and up  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:30am. Camp 5:45-8:15 am  Sign in 5:45-8:45 am  Camp 7:45-8:45 am
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